

# Somnetics Patient Download Instructions

## Transcend (Somnetics)

The Transcend is one of the world's smallest CPAP units and is perfect for those who travel. Covered by a 3 year warranty, the machines are available in two models:

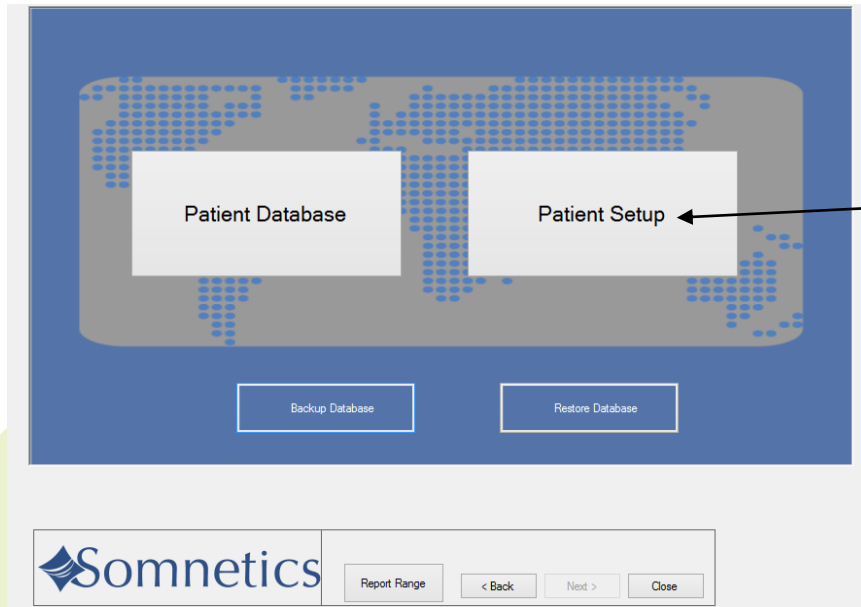
- *Transcend EZEX* – a fixed pressure CPAP with EZEX (pressure relief feature, same as flex).
- *Transcend Auto* – an auto machine that provides pressure relief with EZEX.

All machines record compliance, AHI and leak information, with the auto model also recording 90% pressure. Patients are provided with the Somnetics software, so are able to email compliance information to the pharmacy. This is particularly useful if they are travelling or unable to come in. The machine stores 13 months of data and has the option to run on an overnight (P4) or multi-night (P8) battery. Further information and videos can be found at [www.mytranscend.com.au](http://www.mytranscend.com.au).

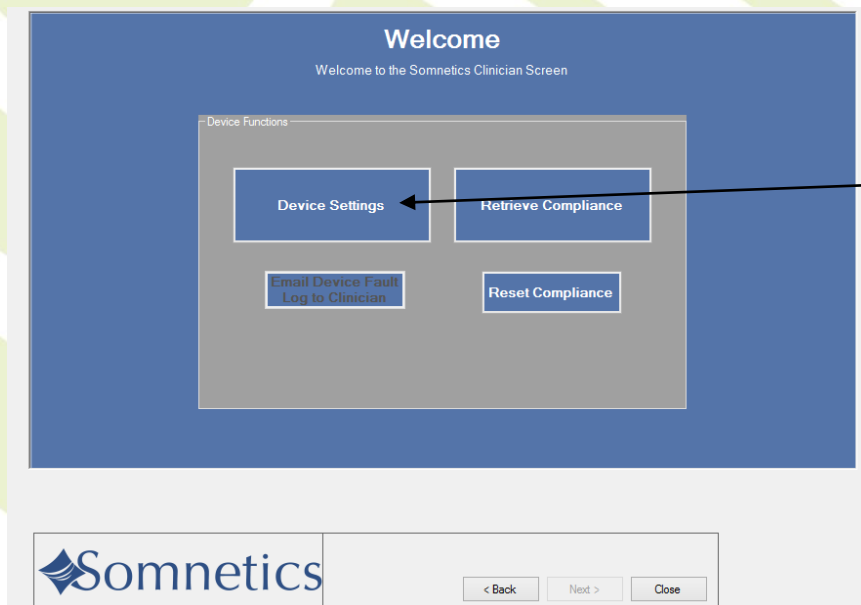
*Please note:* The P4 battery is not recommended for pressures of 15cm or greater, and the P8 for pressures of 19cm or greater.

To set up the device, plug in the power cord and connect the machine to the computer via the USB cord. Open the Somnetics software located on your computer desktop and follow these steps.





Click *Patient Setup*



Click *Device Settings*

### Clinician Settings

Welcome to the Somnetics Clinician Settings Screen

Device Settings (SN:813E12123)

Starting Therapy Pressure	<input type="text" value="4.0"/>	<input type="button" value="Configure Device"/>  <input type="button" value="Calibrate Device"/>
Minimum Pressure	<input type="text" value="4.0"/>	
Maximum Pressure	<input type="text" value="20.0"/>	
Current EZEX™	<input type="text" value="0"/>	
Ramp Feature	<input type="text" value="disabled"/>	
Ramp Time	<input type="text" value="N/A"/>	
Starting Ramp Pressure	<input type="text" value="N/A"/>	
Provider Name <input type="text"/> Email <input type="text"/> Phone <input type="text"/>		



Click on *Configure Device* to edit the machines default settings.

### Provider Information

Please enter desired provider information and click Next


Provider Information

Current Device Provider Information

Provider Name	<input type="text"/>
Email	<input type="text"/>
Phone	<input type="text"/>

New/Updated Device Provider Information

Provider Name	<input type="text" value="XYZ Pharmacy"/>
Email	<input type="text" value="cpap@xyzpharmacy.com"/>
Phone	<input type="text" value="9876 5432"/>



Click Back to cancel changes, or Next to save changes.


Enter your pharmacy details and an email address that the patient can email compliance reports to. Click *Next* after each selection is made.

### Select Device Therapy Mode

Please select device type and click Next.

Device Type

☒ Fixed Pressure
 ☐ Auto Adjust

 < Back Next > Close

Depending on the machine purchased, you may need to select a mode.

### Therapy Pressure

Please select the correct therapy pressure for the patient and click Next.


Pressure in cmH2O

<input checked="" type="radio"/> 4	<input type="radio"/> 10	<input type="radio"/> 16
<input type="radio"/> 5	<input type="radio"/> 11	<input type="radio"/> 17
<input type="radio"/> 6	<input type="radio"/> 12	<input type="radio"/> 18
<input type="radio"/> 7	<input type="radio"/> 13	<input type="radio"/> 19
<input type="radio"/> 8	<input type="radio"/> 14	<input type="radio"/> 20
<input type="radio"/> 9	<input type="radio"/> 15	

Therapy Pressure cmH2O

4.0

mmH2O Adjustment

 < Back Next > Close


On a fixed pressure machine, select the therapy pressure according to their 90% pressure

### Select Minimum Therapy Pressure

Please select the correct minimum therapy pressure for the patient and click Next.

Pressure in cmH<sub>2</sub>O

<input type="radio"/> 4	<input type="radio"/> 10	<input type="radio"/> 16
<input checked="" type="radio"/> 5	<input type="radio"/> 11	<input type="radio"/> 17
<input type="radio"/> 6	<input type="radio"/> 12	<input type="radio"/> 18
<input type="radio"/> 7	<input type="radio"/> 13	<input type="radio"/> 19
<input type="radio"/> 8	<input type="radio"/> 14	<input type="radio"/> 20
<input type="radio"/> 9	<input type="radio"/> 15	

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< Back   Next >   Close


On an auto machine, select 5 or higher as the minimum pressure.  
*Please note: if you select 4, there will be **no** ramp option*

### Select Maximum Therapy Pressure

Please select the correct maximum therapy pressure for the patient and click Next.

Pressure in cmH<sub>2</sub>O

<input type="radio"/> 4	<input type="radio"/> 10	<input type="radio"/> 16
<input type="radio"/> 5	<input type="radio"/> 11	<input type="radio"/> 17
<input type="radio"/> 6	<input type="radio"/> 12	<input type="radio"/> 18
<input type="radio"/> 7	<input type="radio"/> 13	<input type="radio"/> 19
<input type="radio"/> 8	<input type="radio"/> 14	<input checked="" type="radio"/> 20
<input type="radio"/> 9	<input type="radio"/> 15	

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< Back   Next >   Close

Select 20 as the maximum pressure.

### Select Starting Therapy Pressure

Please select the correct therapy starting pressure for the patient and click Next.


Pressure in cmH2O

<input type="radio"/> 4	<input type="radio"/> 10	<input type="radio"/> 16
<input type="radio"/> 5	<input type="radio"/> 11	<input type="radio"/> 17
<input type="radio"/> 6	<input type="radio"/> 12	<input type="radio"/> 18
<input type="radio"/> 7	<input type="radio"/> 13	<input type="radio"/> 19
<input type="radio"/> 8	<input type="radio"/> 14	<input type="radio"/> 20
<input type="radio"/> 9	<input type="radio"/> 15	

Therapy Pressure cmH2O

4.0

mmH2O Adjustment

 < Back Next > Close

Select the pressure you would like the machine to start at. This is usually 4 or 5cm

### Ramp

The Ramp feature allows the patient to start at a lower pressure than their therapy pressure.


Over a defined period of time, the pressure will be gradually increased until it reaches therapy pressure.

If you choose to enable Ramp, you will be given an opportunity to set the ramp starting pressure and duration on the next screen.

Do you wish to enable Ramp?

☒ Yes

☐ No

 < Back Next > Close

Select Yes to turn ramp on

### Select Ramp Duration and Starting Pressure

Ramp Duration (minutes)


☐ 5      ☐ 20      ☐ 35  
☐ 10      ☐ 25      ☐ 40  
☒ 15      ☐ 30      ☐ 45

Ramp Starting Pressure:

☒ 4      ☐ 10      ☐ 16  
☐ 5      ☐ 11      ☐ 17  
☐ 6      ☐ 12      ☐ 18  
☐ 7      ☐ 13      ☐ 19  
☐ 8      ☐ 14  
☐ 9      ☐ 15

Starting Therapy Pressure cmH2O

5.0

 < Back   Next >   Close


Select the ramp duration and pressure, usually 15-20min and 4-5cm. But this is only for a fixed pressure machine.

### Select EZEX™ Pressure Relief Setting

Please choose the desired EZEX™ level for this patient and click Next.

Select EZEX™

☐ Off      ☐ 1      ☐ 2      ☒ 3

 < Back   Next >   Close

Select the pressure relief level. This is the same as flex and normally set to the maximum 3.


### Final Settings

**Device Settings (SN:B13E12123)**

Starting Therapy Pressure	<input type="text" value="5.0"/> cmH2O	Ramp Feature	<input type="text" value="enabled"/>
Minimum Pressure	<input type="text" value="5.0"/> cmH2O	Ramp Duration	<input type="text" value="15"/> Minutes
Maximum Pressure	<input type="text" value="20.0"/> cmH2O	Starting Ramp	<input type="text" value="4.0"/> cmH2O
EZEX™	<input type="text" value="3"/> cmH2O		

Provider Name:   
 Email:   
 Phone:

The new settings have not yet been saved on the device.  
 To Save the settings, click the Save button below.  
 Otherwise, use the Back button to change settings or the Close button to exit.



Review all the settings and ensure they are correct. Click **Back** if changes need to be made. Otherwise, if all correct, click **Save**. A notification will appear to confirm the device has been programmed.

### Patient

Welcome to the Somnetics Patient Screen

Serial Number

Starting Therapy Pressure	<input type="text" value="5.0"/> cmH2O
Minimum Pressure	<input type="text" value="5.0"/> cmH2O
Maximum Pressure	<input type="text" value="20.0"/> cmH2O
EZEX™	<input type="text" value="3.0"/>

-Ramp-

Starting Pressure:	<input type="text" value="4.0"/> cmH2O
Ramp Time:	<input type="text" value="15"/> Minutes

[-View Provider Information-](#)



A summary of the programmed settings will be displayed. The machine is now ready. Click **Close** and disconnect the CPAP